

## Did You Know...

Every Step of 5K Race = 1 Child with Autism in San Diego

- Every 20 minutes, a child is diagnosed with autism
- It is now more prevalent than childhood cancer, diabetes and Down Syndrome COMBINED
- Autism affects children of all races and economic levels
- 1 in every 110 children in the U.S. are diagnosed with autism
- 100% of Race proceeds stay in San Diego to support local efforts and classrooms

## ...YOU are the Missing Piece

NFAR is making a difference and you can help!

Autism impacts children, families and our entire community. By signing up for the Race, you are helping to create or expand local autism treatment programs and services, improving the quality of life for thousands of San Diego children.

Thanks to all our Race participants and supporters, NFAR has awarded nearly a half million dollars in funding to 225 San Diego classrooms and initiatives in the areas of:

- Early detection and interventions
- Increased awareness and understanding
- Inclusive after-school activities
- Educational programs and materials
- Social skills training and development
- Career preparation programs
- Parental support groups



**Be the Missing Piece.**  
Race for their Future. Race for Autism.

## San Diego Race for Autism

Thank You to Our 2011 Race Partners



**NFAR**  
NATIONAL FOUNDATION  
FOR AUTISM RESEARCH  
[www.NFAR.org](http://www.NFAR.org)

## 7th Annual San Diego Race for Autism



**March 26, 2011**

5K Run/Walk and 1-Mile Family Fun Walk  
Balboa Park

For more information or to register go to:  
[www.raceforautism.org](http://www.raceforautism.org)

# Race Day Activities

**Awards Ceremony, Resource Fair, Children's Activities**

Enjoy a beautiful morning in Balboa Park with families, friends and neighbors – all for a good cause! There's something fun for everyone:

- 5K Timed Run/ Walk
- 1 Mile Family Fun Walk
- Prizes for Top 3 Male/ Female Overall Finishers, courtesy of Roadrunner Sports
- Medals for Top 3 Male and Female Finishers per age group
- Informational Resource Fair
- Fun Activities for the Kids

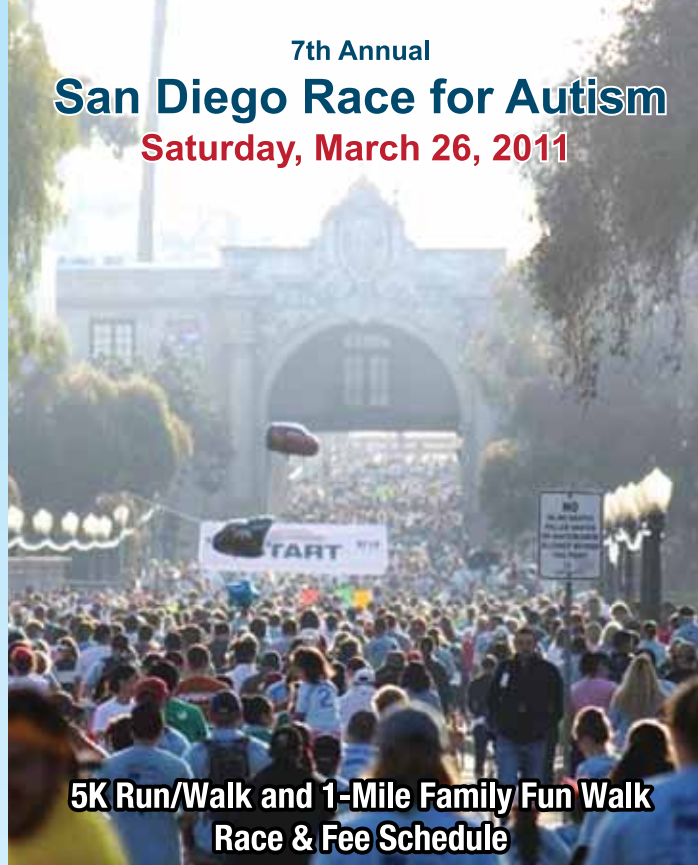


## Directions and Parking

The 5K Run/ Walk and 1 Mile Family Walk will start and end on the west side of Balboa Park (located at 6th and Laurel.) For detailed directions, parking information and course map, visit [www.RaceforAutism.org](http://www.RaceforAutism.org).



# 7th Annual San Diego Race for Autism Saturday, March 26, 2011



## 5K Run/Walk and 1-Mile Family Fun Walk Race & Fee Schedule

| Registration<br><i>Fee Schedule</i> | Adults  | Children<br><i>12 &amp; under</i> |
|-------------------------------------|---------|-----------------------------------|
| Discount until Feb. 1, 2011         | \$20.00 | \$10.00                           |
| Feb. 1 - Mar. 1, 2011               | \$25.00 | \$10.00                           |
| Mar. 2 - 19, 2011                   | \$30.00 | \$15.00                           |
| Mar. 20 - Race Day                  | \$35.00 | \$20.00                           |

Registration opens: 7:00 am • 5K Run begins: 8:00 am  
5K Walk Begins 8:05 am • 1-Mile Family Walk: 8:45 am

- Colorful Race T-Shirt for all registered participants
- Computerized timing for runners (under 45 minute times)
- Commemorative Medal for 12 years and under

### Pre-Race Bib and T-shirt Pick-Up

Saturday March 19, 10 AM – 2:00 PM  
Road Runner Sports  
World's Largest Running & Walking Store



[www.raceforautism.org](http://www.raceforautism.org)

## Earn Great Prizes!

**In appreciation of your fundraising efforts:**



Because every dollar raised makes a difference, NFAR and our Race partners would like to reward your fundraising efforts by offering some fantastic prizes.

**GRAND PRIZE for 2011:** SONY is rewarding our Grand Prize Winner with the newest in today's technology: a 40" interactive web HDTV! This is the world's first and only HDTV powered by Google TV where you can watch TV, search the internet or do both at the same time on the same screen.

To learn more about fundraising tips, print out fundraising materials, and a complete list of FUNDRAISING LEVELS and PRIZES, please go to [www.RaceforAutism.org](http://www.RaceforAutism.org).



## Team Up!

The best way to enjoy the San Diego Race for Autism is to invite your family, friends and co-workers to run or walk with you. Spread the word and make an impact. We've made it easy for you to invite others.

To set up a Team, please go to [www.RaceforAutism.org](http://www.RaceforAutism.org). We have all the tools you need to start a team, email an invitation to your friends and have a great time!