#### Did You Know...

**Every Step of 5K Race = 1 Child with Autism in San Diego** 

- · Every 20 minutes, a child is diagnosed with autism
- It is now more prevalent than childhood cancer, diabetes and Down Syndrome COMBINED
- Autsm affects children of all races and economic levels
- 1 in every 110 children in the U.S. are diagnosed with autism
- 100% of Race proceeds stay in San Diego to support local efforts and classrooms

#### ...YOU are the Missing Piece

NFAR is making a difference and you can help!

Autism impacts children, families and our entire community. By signing up for the Race, you are helping to create or expand local autism treatment programs and services, improving the quality of life for thousands of San Diego children.

Thanks to our Race participants, sponsors and supporters, NFAR has awarded more than half a million dollars in funding to hundreds of San Diego classrooms and initiatives in the areas of:

- · Early detection and interventions
- Increased awareness and understanding
- Inclusive after-school activities
- Educational programs and materials
- · Social skills training and development
- Career preparation programs
- Parental support groups



# San Diego Race for Autism

**Thank You to Our 2012 Race Partners** 





8th Annual

# San Diego Race for Autism

5K Chip-Timed Run • 5K Walk • 1-Mile Fun Run Children's Activities • Resource Fair



## **Race Day Activities**

**Awards Ceremony, Resource Fair, Children's Activities** 

Enjoy a beautiful morning in Balboa Park with families, friends and neighbors – all for a good cause!

- 5K Chip-Timed Run
- 5K Walk and 1-Mile Family Fun Walk
- Prizes for Top 3 Male/ Female Overall Finishers, courtesy of Roadrunner Sports
- Medals for Top 3 Male and Female Finishers per age group
- Informational Resource Fair
- Fun Activities for the Kids









## **Directions and Parking**

The 5K Run/ Walk and 1-Mile Family Walk will start and end on the west side of Balboa Park (located at 6th and Laurel.) For detailed directions, parking information and course map, visit www.RaceforAutism.org.





Registration	Adult 18 & Up	Youth	Child 12 & under
Jan. 1-Jan. 30	\$25.00	\$20.00	\$15.00
Feb. 1-Feb. 29	\$30.00	\$20.00	\$15.00
Mar. 1-Mar. 18	\$35.00	\$25.00	\$20.00
Mar. 19-Race Day	\$40.00	\$30.00	\$20.00
NOTE: There is a \$2.00 surcharge for Chip Timing			

Registration opens: 7:00 am • 5K Run begins: 8:00 am

5K Walk Begins 8:05 am • 1-Mile Family Walk: 8:45 am

Registered participants receive:

- Colorful Race T-shirt
- Commemorative Finish Line Medal (12 years and under)

#### **Pre-Race Bib and T-shirt Pick-Up**

Wednesday March 21, 3:30 – 7:30 PM Road Runner Sports



World's Largest Running & Walking Store

www.raceforautism.org

#### **Earn Great Prizes!**

In appreciation of your fundraising efforts:







Because every dollar raised makes a difference, NFAR and our Race partners would like to reward your fundraising efforts by offering some fantastic prizes.

Win a new iPad! Every fundraiser that raises \$100 or more in donations will be entered into a drawing for a chance to win some fabulous prizes. Check out our website for a list of these rewards, including products from SONY, Apple and more. For every \$100 you raise, you multiply your chances of winning.

For Race posters, fundraising materials and Donation Forms, as well as a complete list of FUNDRAISING LEVELS and PRIZES, please visit www.raceforautism.org.



## Team Up!

The best way to enjoy the San Diego Race for Autism is to invite your family, friends and co-workers to run or walk with you. Spread the word and make an impact.

We've made it easy for you to start a team, create a personalized team page and email invitations to others. All the tools, instructions and materials can be found on our website at www.raceforautism.org.

Invite your friends and have a great time!